



A SPIRITUALITY OF THE SISTERS OF ST. JOSEPH

REFLECTION GUIDE

The Association of Colleges of Sisters of St. Joseph (ACSSJ) offers the "Leading in the Footsteps of our Founders" webinar series as an opportunity for students on our campuses to explore leadership by promoting an awareness to the needs of the "dear neighbor" and working for the common good, all in the spirit of our founders, the Sisters of St. Joseph. The series brings together a diverse group of people throughout our campuses and offers different perspectives and insights in living as engaged ethical leaders in an interconnected world.

This program is funded through a generous grant from the C. Charles Jackson Foundation.

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LEADING IN THE FOOTSTEPS OF OUR FOUNDERS

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THE MYSTERY OF TRANSFORMATION

Take a few moments to reflect on aspects of our conversation that deeply resonated and challenged your notions of leadership.

In light of the insights provided by Sister Ruth Stuckel, CSJ what is one specific attribute of the Spirituality of the Sisters of Saint Joseph that you seek to integrate into your life?

How do you see spirituality play into your leadership style?

What line in the Consensus Statement of the Sisters of Saint Joseph challenges you the most?

What is one thing you can do on your campus to live out the charism of the Sisters of Saint Joseph as shared in the Consensus Statement?

CONTEMPLATE AND INTEGRATE!

The Maxims of the Little Institute were written by Jesuit priest, Father Jean-Pierre Medaille. These maxims contain values and virtues that are foundational to a way of life that combines contemplative living and service to the dear neighbor. Read and reflect on the following maxims and think about ways you can integrate these maxims into your everyday life.

**"BE SERIOUS TO THE TASK OF BEING AWAKE TO YOUR SOUL.
SERIOUSLY!"**

- MAXIM 20

**"LEARN TO SEE YOUR EGO AND HOW IT OPERATES AND THEN CHOOSE
LOVE. GENTLENESS CAN RULE THE DAY!"**

- MAXIM 3