



LEADING WITH PURPOSE AND STRIVING A BALANCE

REFLECTION GUIDE

The Association of Colleges of Sisters of St. Joseph (ACSSJ) offers the “Leading in the Footsteps of our Founders” webinar series as an opportunity for students on our campuses to explore leadership by promoting an awareness to the needs of the “dear neighbor” and working for the common good, all in the spirit of our founders, the Sisters of St. Joseph. The series brings together a diverse group of people throughout our campuses and offers different perspectives and insights in living as engaged ethical leaders in an interconnected world.

This program is funded through a generous grant from the C. Charles Jackson Foundation.

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LEADING IN THE FOOTSTEPS OF OUR FOUNDERS

LEADING WITH PURPOSE AND STRIVING A BALANCE

A CONVERSATION FOR ALL ON THE COMPLEXITIES AND NECESSITY
OF WOMEN'S LEADERSHIP IN TODAY'S WORLD

Take a few moments to reflect on aspects of our conversation that deeply resonated and challenged your notions of leadership.

In light of the insights provided by the panelists, what are some of the challenges and opportunities in regards to women's leadership in today's world?

How have the Sisters of St. Joseph paved the way in cultivating and promoting women in leadership roles?

How is seeking balance amidst the many responsibilities of life an important aspect of being an effective leader?

What is my vision for women leadership in the future and what can I do to cultivate this vision?

CONTEMPLATE AND INTEGRATE!

The Maxims of the Little Institute were written by Jesuit priest, Father Jean-Pierre Medaille. These maxims contain values and virtues that are foundational to a way of life that combines contemplative living and service to the dear neighbor. Read and reflect on the following maxims and think about ways you can integrate these maxims into your everyday life.

"KEEP HEART, ACTION AND DESIRE IN ALIGNMENT WITH LOVE'S DESIGN."

- MAXIM 26

"TELL YOURSELF STORIES THAT KEEP YOUR GOAL IN SIGHT. STAY ON TRACK."

- MAXIM 36